



# Morbilidad asociada a Hepatitis C: Efecto de la erradicación del virus

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Facultad de  
Medicina.

XVIII

JORNADAS DE AVANCES EN

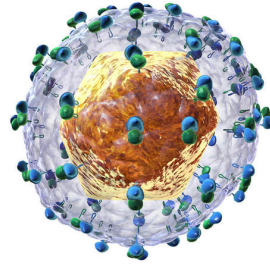
HEPATOLOGIA

PROGRAMA  
DE DOCTORADO  
Biomedicina,  
Investigación Traslacional  
y Nuevas Tecnologías en Salud.



IBiS  
INSTITUTO DE BIOMEDICINA DE SEVILLA

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Hepatitis C Virus (HCV)

## Causa de:

- ✓ **Progresión a cirrosis**
- ✓ **Desarrollo de hepatocarcinoma**
- ✓ **Necesidad de THO**

Desórdenes  
inmunológicos

Desórdenes  
neuroológicos

Desórdenes  
metabólicos



**El VHC se asocia también a morbi-mortalidad de origen extrahepático, incluyendo Diabetes Mellitus, linfomas, crioglobulinemia, y riesgo cardiovascular**

# Hepatitis C y riesgo cardiovascular

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- ✓ Aparición de RI, DM y esteatosis (*Romero-Gómez et al, JHepatol 2008*)
- ✓ Aterosclerosis carotidea (*Adinolfi et al., World J Gastroenterol 2014*)
- ✓ Enfermedad arterial coronaria (*Alyan et al., Circulation J 2008*)
- ✓ Hipertensión arterial (*Tomiyama et al., Atherosclerosis 2003*)
- ✓ Mayor prevalencia de enfermedad arterial periférica (*Hsu YH et al., hepatol 2015*)

**Incremento de la tasa de mortalidad cardiovascular tras ajustar por factores de riesgo vascular tradicionales** (*Younossi et al., Aliment Pharmacol Ther 2013*).

*Ampuero J, Romero-Gómez M. Assessing cardiovascular risk in hepatitis C: An unmet need. World J Hepatol. 2015;8;7:2214-9.*



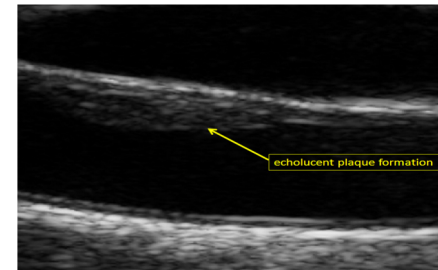
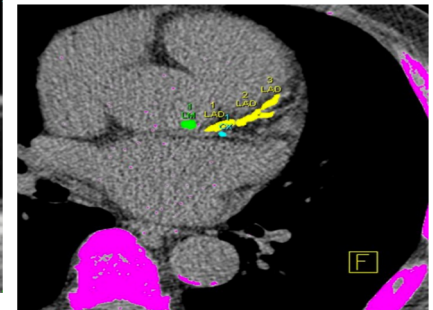
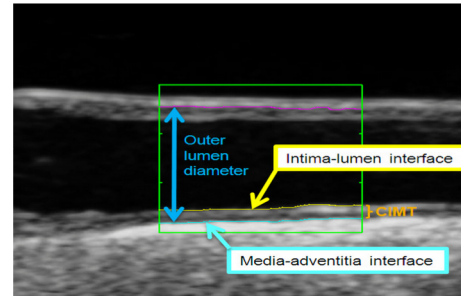
# Assessing CV risk

- Liver evaluation
  - Liver dysfunction severity and prognosis
  - Confirming etiology
  - Treatment of choice
- Surgery evaluation
  - Technical difficulties
- **Heart evaluation:**
  - **Subclinical atherosclerosis**
  - **Coronary artery disease**
- Anesthetic evaluation
  - Surgery risk
  - Portopulmonar hypertension

Looking for subclinical atherosclerosis markers

Carotid Intima Media Thickness

Calcium score



Threshold = 130 HJ  
(103.2 mg/cm<sup>2</sup> CaHA)

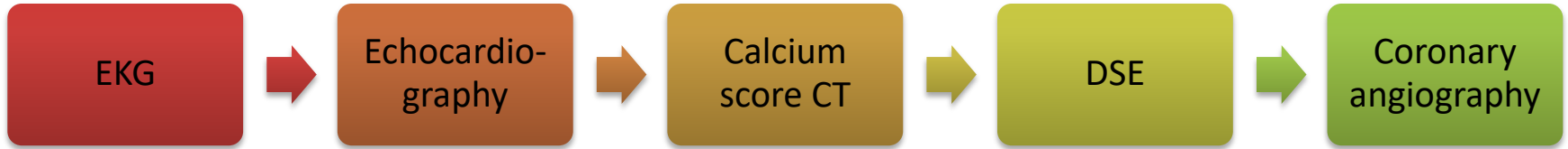
Artery	Number of Lesions (1)	Volume (mm <sup>3</sup> ) (3)	Equip. Mass (mg CaHA) (4)	Calcium Score (2)
LM	1	81.5	16.48	93.7
LAD	4	418.3	110.40	507.7
CX	1	18.7	4.13	23.3
RCA	4	178.2	36.67	199.5
Total	10	696.7	167.68	824.3

(1) Lesion is volume based  
(2) Equivalent Agatston score  
(3) Isodropic interposed volume  
(4) Calibration Factor: 0.794

$> 1\text{mm}$   
 $\text{age}(\text{years})/100 + 0.2 \text{ mm}$

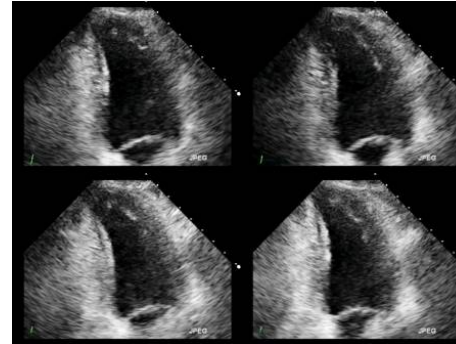
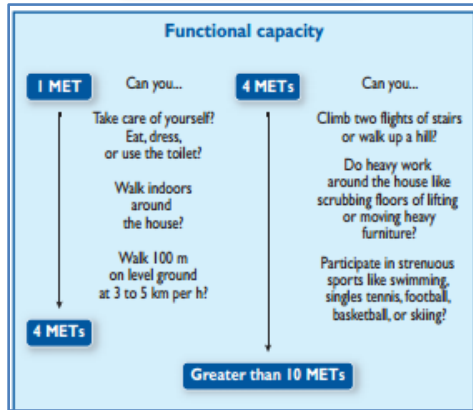
$> 100 \text{ Unit}$

# Anticipating CV events after LT: a hard task

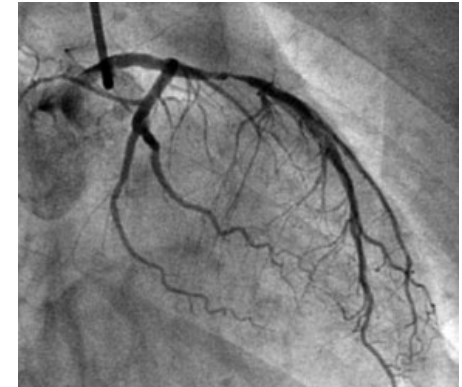


Raised CV risk > 20% /10y

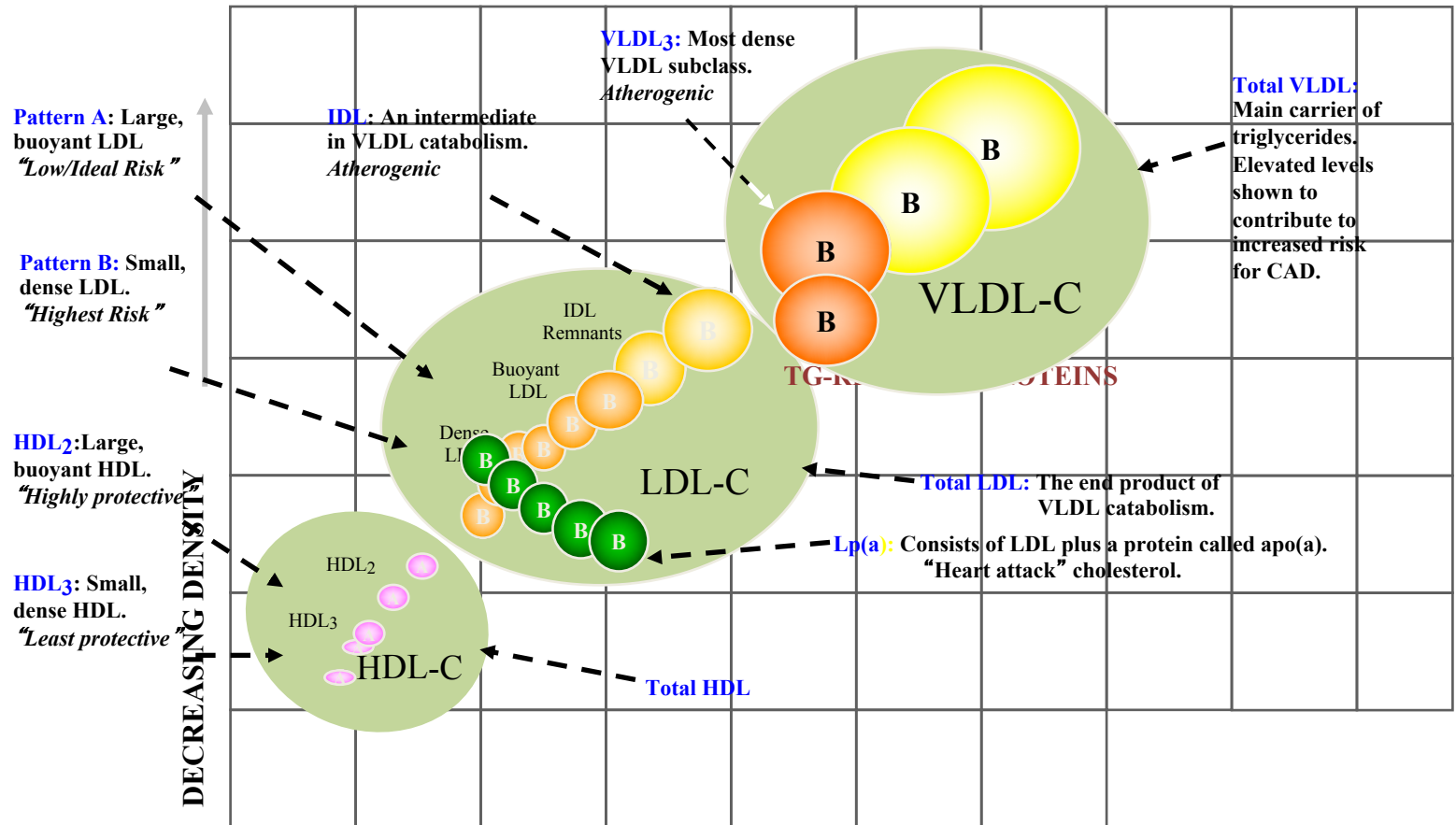
Subclinical atherosclerosis



- Ischaemic heart disease (angina pectoris and/or previous myocardial infarction\*)
- Heart failure
- Stroke or transient ischaemic attack
- Renal dysfunction (serum creatinine >170 µmol/L or 2 mg/dL or a creatinine clearance of <60 mL/min/1.73 m<sup>2</sup>)
- Diabetes mellitus requiring insulin therapy



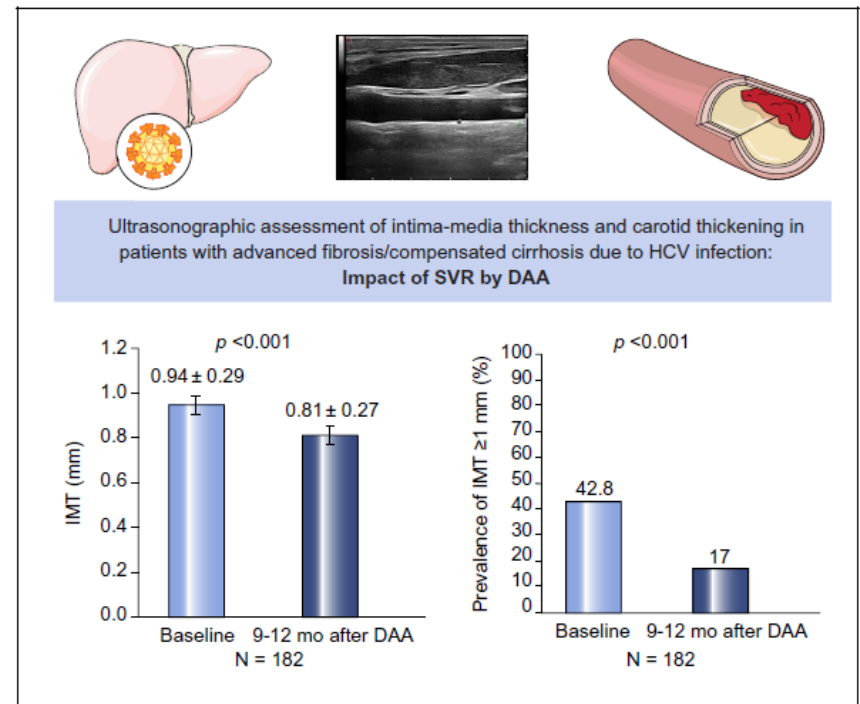
# Lipoproteins Have Variable CVD Risk Profile



*B = All Lipoproteins containing an ApoB<sub>100</sub> (non-HDL Cholesterol)*  
*A = All Lipoproteins containing an ApoAI &/or AII (HDL Cholesterol)*

# Hepatitis C virus eradication by direct-acting antiviral agents improves carotid atherosclerosis in patients with severe liver fibrosis

	(N = 182)
Male gender (%)	56
Age (years)	63.1 ± 10.4
Age >65 years (%)	47.3
BMI (kg/m <sup>2</sup> )	25.6 ± 3.7
BMI ≥30 (kg/m <sup>2</sup> )	14.3
Blood glucose (mg/dl)	103.5 ± 23.2
Type 2 diabetes (%)	19.8
Arterial hypertension (%)	41.8
Total cholesterol (mg/dl)	159.9 ± 29.5
Smoking (%)	35.2
IMT (mm)	0.94 ± 0.29
IMT ≥1 mm (%)	42.9
Carotid plaques (%)	42.9
ALT (IU/L)	81.9 ± 49.5
PLT (10 <sup>3</sup> /μl)	153.3 ± 64.3
HCV genotype 1/1a/1b/2/3/4	0.5/8.2/83.4/1.1/2.2/1.6
HCV RNA (Log)	5.8 ± 0.6
Cirrhosis (%)	65.9



# Subclinical cardiovascular damage in patients with HCV cirrhosis before and after treatment with direct antiviral agents: a prospective study

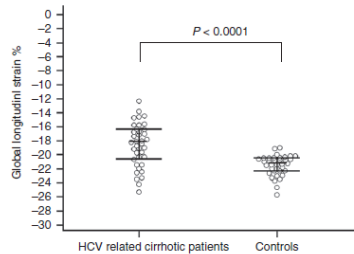
**TABLE 1** Baseline demographic and clinical features of the HCV-related cirrhotic patients and controls

	HCV-related cirrhotic patients (n = 39)	Controls (n = 39)	P value
Age (y ± SD)	60 (48-70)	59 (48-67)	0.104
Male gender, n (%)	16 (41.02%)	17 (43.58%)	0.999
Mean body mass index kg/m <sup>2</sup> ± SD	25.51 ± 3.41	26.18 ± 4.08	0.538
Arterial hypertension n (%)	17 (43.58%)	16 (41.02%)	0.999
Type 2 diabetes n (%)	11 (28.20%)	8 (20.5%)	0.598
Smoking n (%)	5 (12.82%)	1 (2.56%)	0.226
Dyslipidemia n (%)	2 (5.13%)	5 (12.82%)	0.428
Alanine aminotransferase, UI/L	74.5 (43-120)	n.e	—
Platelet count, 10 <sup>3</sup> × μ/L	111 (87-143)	n.e	—
Liver stiffness, Kpa	19.7 (15.4-30.5)	n.e	—
High viral load >800 000 UI/L (%)	14 (35.89)	n.e	—
HCV genotype		n.e	—
1 (%)	32 (82.5%)		
2 (%)	4 (10%)		
3 (%)	2 (5%)		
4 (%)	1 (2.5%)		
Oesophageal varices, n (%)	12 (31%)	n.e	—
Longitudinal spleen diameter (cm)	13.5 (11.9-14.8)	n.e	—
Portal vein diameter (cm)	1.1 (1-1.2)	n.e	—
MELD	7 (6-8)	n.e	—

MELD: Model for End-stage Liver Disease.

**TABLE 4** Laboratory, echocardiographic features and arterial stiffness parameters of the HCV-related cirrhotic patients at basal and at follow-up after DAAs treatment

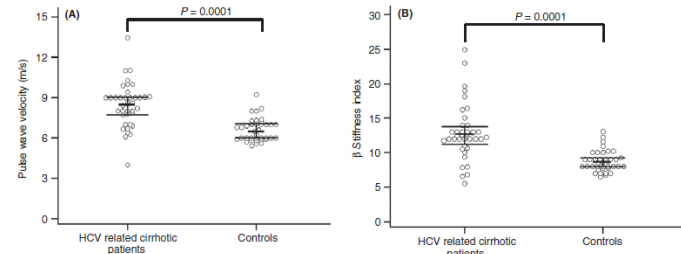
	Baseline HCV-related cirrhotic (n = 39)	Follow-up HCV-related cirrhotic (n = 32)	P value
Alanine aminotransferase, UI/L	74.5 (43-120)	24 (18-45)	<0.0001
Platelet count, 10 <sup>3</sup> × μL	111 (87-143)	176 (101-195)	<0.0001
Liver stiffness, Kpa	19.7 (15.4-30.5)	16.7 (11-22.9)	<0.001
Longitudinal spleen diameter (cm)	13.5 (11.9-14.8)	13 (11.6-14.4)	0.301
Portal vein diameter (cm)	1.1 (1-1.2)	1.1 (1-1.2)	0.982
LVEDD (mm/m <sup>2</sup> ± SD)	25 (22.9-26)	24.4 (22.2-25.5)	0.617
LVEF (%)	58 (55-60)	58 (52-60)	0.767
LVEDV (mL/m <sup>2</sup> )	51.5 (39.6-60.8)	48 (38-61)	0.839
IVS (mm ± SD)	10 (9-12)	10 (9-12)	0.940
PW (mm ± SD)	10 (9-11)	10 (10-8-1)	0.616
Left ventricle mass index (g/m <sup>2</sup> )	108.1 (94.5-130)	109 (94-130)	0.940
Left atrial volume index (mL/m <sup>2</sup> )	28.8 (21.9-34.8)	25.2 (21-31.5)	0.608
Right atrial volume index (mL/m <sup>2</sup> )	17.9 (12.8-22.8)	18.1 (12-22)	0.809
PASP (mm Hg)	30 (28-34.1)	30 (28-34)	0.838
TAPSE (mm)	22 (21-24)	25 (22.5-25.5)	0.01
Eseptal, cm/s	8.3 (6.5-9.0)	8.6 (6.8-9.0)	0.922
Elateral, cm/s	10 (8.25-11)	11.5 (9.5-12.5)	0.001
E/E'm	7.7 (6.5-9.7)	7.8 (6.4-9.3)	0.44
Diastolic dysfunction (n%)	24 (61.54%)	18 (56.25%)	0.834
Global longitudinal strain (GLS)%	-18.1 (16.3-20.5)	-19.1 (16.8-20.7)	0.899
β Stiffness index	12.4 (11.1-13.5)	11.5 (9.2-16.2)	0.386
Pulse-wave velocity (m/s)	8.6 (7.7-9.1)	8.5 (7.6-9.4)	0.748



**FIGURE 1** Global longitudinal strain (GLS) % values in patients with HCV cirrhosis -18.1 (16.3-20.5) as compared with controls -19.1 (16.8-20.7). Data are expressed as median and IQR (see Table 2)

**TABLE 3** Univariate analysis to evaluate predictors of Global Longitudinal Strain reduction

	β	P value
Age	0.19	0.499
MELD	-0.113	0.688
Albumin	-0.234	0.148
Total bilirubin	-0.131	0.888
INR	-0.159	0.419
Platelets	-0.07	0.718
AST	-0.053	0.790
ALT	-0.050	0.799
Cirrhosis	-0.522	0.0001
Longitudinal spleen diameter	-0.185	0.478
Portal vein diameter	-0.178	0.292
Diabetes	-0.454	0.0001



**FIGURE 2** A, Pulse-wave velocity values in HCV-cirrhotic patients 8.6 (7.7-9.1) as compared with controls 8.5 (7.6-9.4). B, β stiffness index values in HCV cirrhotic patients 12.4 (11.1-13.5) as compared with controls 11.5 (9.2-16.2). Data are expressed as median and IQR (see Table 2)





# Direct-Acting Antiviral Therapy for HCV Infection Is Associated With a Reduced Risk of Cardiovascular Disease Events

**Table 2.** Incidence Rates for a CVD Event in Specific Subgroups

	Events, n	Incidence rate (95% CI) per 1000 patient-years of follow-up	P value <sup>a</sup>
For all evaluable persons (unadjusted)			
Untreated	2361	30.9 (29.6–32.1)	—
Treated overall	1239	20.3 (19.2–21.5)	<.0001
For all evaluable persons (adjusted) <sup>b</sup>			
Untreated	2361		
Treated overall	1239		
For all evaluable persons (adjusted) <sup>b</sup>			
Untreated	2361		
Treated with PEG + RBV	804		
Treated with DAA	435		
For those treated			
SVR	731		
No SVR	508		
By FIB-4 score at baseline			
Treated			
<1.25	335		
1.26–3.25	628		
>3.25	249		
Untreated			
<1.25	732		
1.26–3.25	1131		
>3.25	388		

<sup>a</sup>P value compared with the value in the first row of that group.  
<sup>b</sup>Adjusted for baseline ASCVD score.

**Table 3.** Incidence Rates for a CVD Event in Specific Subgroups, by Type of Event

	Cardiac events, n	Incidence rate (95% CI) per 1000 patient-years of follow-up	P value <sup>a</sup>	Str ever
For all evaluable persons (unadjusted)				
Untreated	1202	14.9 (14–15.7)		3
Treated overall	638	10.1 (9.31–10.9)	<.0001	1
For all evaluable persons (adjusted) <sup>b</sup>				
Untreated	1202	14.73 (13.9–15.57)		384
Treated overall	638	10.29 (9.49–11.09)	<.0001	145
For all evaluable persons (adjusted) <sup>b</sup>				
Untreated	1202	14.72 (13.88–15.55)		384
Treated with PEG + RBV	400	10.9 (9.74–12.05)	<.0001	105
Treated with DAA	238	8.98 (7.78–10.19)	<.0001	40
For those treated				
SVR	380	9.63 (8.66–10.6)		82
No SVR	258	10.9 (9.54–12.2)	.15	63

**WHAT YOU NEED TO KNOW**

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**BACKGROUND AND CONTEXT**

Effect of new all-oral direct-acting antiviral regimens (DAA) upon subsequent risk of cardiovascular disease (CVD) events is unclear.

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**NEW FINDINGS**

DAA treatment was associated with a 43% reduction and pegylated interferon/ribavirin with a 22% reduction in risk of incident CVD events.

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**LIMITATIONS**

The study population was predominantly male veterans. The retrospective, observational design decreases inference for cause and effect.

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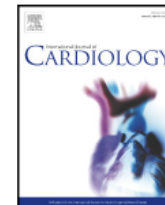
**IMPACT**

In addition to decreasing the risk of liver events in patients with HCV, DAA therapy may also decrease the risk of cardiovascular disease.

**Table 4.** Factors Associated With a Diagnosis of an Incident CVD Event (Multivariable Cox Regression Analysis)

	HR	95% CI	P value
Age per 10-y increase	1.37	1.3–1.44	<.0001
Race			
White (comparator)	1		
Black	1.09	1.01–1.19	.03
Hispanic	0.85	0.70–1.03	.11
Others or unknown	0.82	0.74–0.91	.0002
Male sex (vs female sex)	1.65	1.33–2.05	<.0001
Alcohol abuse or dependence	1.1	1.01–1.19	.03
Drug abuse or dependence	1.09	1.00–1.19	.04
Smoking			
Never (comparator)	1		
Former	1.06	0.93–1.21	.38
Current	1.43	1.28–1.60	<.0001
Unknown	1.24	1.1–1.39	.001
Body mass index >30 kg/m <sup>2</sup> (vs ≤30 kg/m <sup>2</sup> )	1.30	1.21–1.39	<.0001
Diabetes	1.65	1.47–1.86	<.0001
Hypertension	1.71	1.58, 1.86	<.0001
Dyslipidemia	1.29	1.20–1.38	<.0001
Fibrosis			
FIB-4 score <1.25 (comparator)	1		
FIB-4 score 1.26–3.25	1.08	1.00–1.17	.05
FIB-4 score >3.25	1.46	1.31–1.62	<.0001
CKD stage			
eGFR ≥90 (comparator)	1		
CKD 2	0.99	0.90–1.08	.78
CKD 3	1.47	1.31–1.66	<.0001
CKD 4–5	1.73	1.48–2.02	<.0001
HCV RNA, per log <sub>10</sub> increase	1	0.99–1.02	.98
HCV treatment			
Untreated (comparator)	1		
PEG + RBV	0.78	0.71–0.85	<.0001
Any DAA	0.57	0.51–0.65	<.0001

CKD, chronic kidney disease; eGFR, estimated glomerular filtration rate.



# Interferon- and ribavirin-free therapy with new direct acting antivirals (DAA) for chronic hepatitis C improves vascular endothelial function

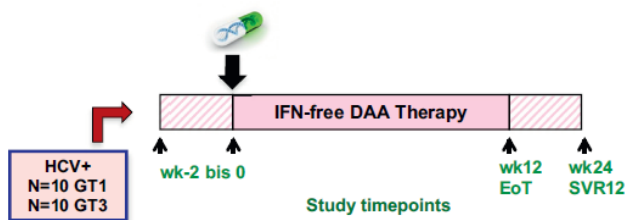
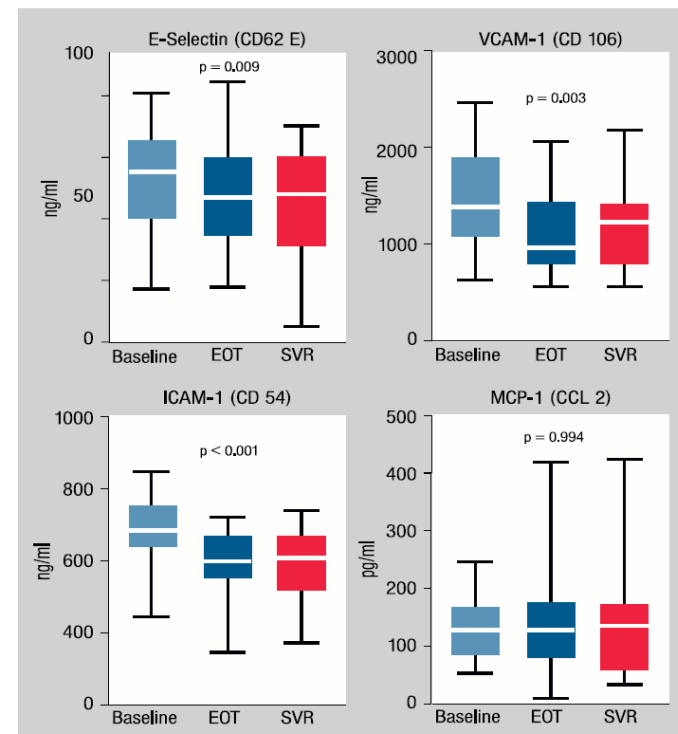
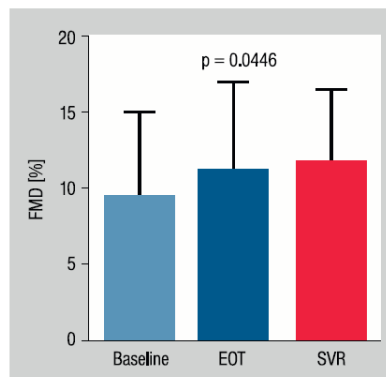


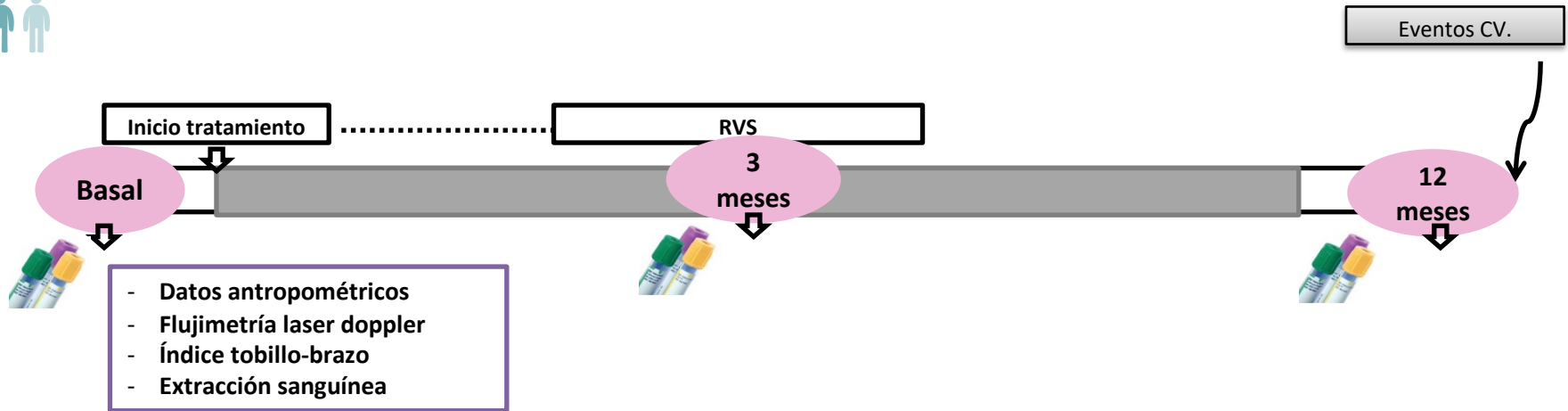
Table 1  
Patient characteristics.

	Total	GT1	GT3	Unit
NN	2200	1010	1100	
Age	50.6 ± 8.0	51 ± 10.4	50.1 ± 5.2	years
Gender (male)	11	6	5	
BMI	28.1 ± 5.7	27.5 ± 3.8	28.6 ± 7.4	kg/m <sup>2</sup>
Smoking	10	3	7	
BNP	22.8 ± 28.6	12.0 ± 14.9	38.1 ± 37.1	
Previous antiviral treatment	6	5	1	
Bilirubine	0.69 ± 0.31	0.66 ± 0.17	0.72 ± 0.41	mg/dl
Creatinine	0.77 ± 0.09	0.78 ± 0.11	0.76 ± 0.06	mg/dl
ALT	99.1 ± 53.9	77.3 ± 29.5	120.8 ± 64.8	U/l
AST	67.8 ± 37.4	51.0 ± 17.8	84.6 ± 44.8	U/l
Albumine	38.5 ± 2.5	39.4 ± 2.0	37.6 ± 2.8	g/l
LDL	97.6 ± 28.5	102.7 ± 18.5	93.1 ± 35.8	mg/dl
HDL	51.6 ± 10.7	56.8 ± 11.7	46.9 ± 7.6	mg/dl
HbA1c	5.51 ± 0.33	5.50 ± 0.44	5.52 ± 0.24	%
CRP	1.72 ± 2.16	1.00 ± 0.71	2.44 ± 2.89	
Ferritin	180.9 ± 336.7	115.9 ± 68.6	239.4 ± 463.2	ng/ml
Transferrin saturation	28.4 ± 12.7	26.4 ± 12.0	29.9 ± 13.6	%
Iron	121.2 ± 45.4	121.0 ± 23.7	121.3 ± 57.4	µg/dl
Liver stiffness (Fibroscan)	6.34 ± 2.88	5.56 ± 1.39	7.21 ± 3.88	kPa
APRI	0.96 ± 0.92	0.57 ± 0.37	1.32 ± 1.13	

BMI = Body mass index; HCV = hepatitis C virus; ALT = Alanin aminotransferase; AST = Aspartat aminotransferase; LDL = low-density lipoprotein; HDL = high density lipoprotein; CRP = c-reactive pretein; APRI = Aspartat-aminotransferase platelet ration index;



# Metodología



## Evaluación del RCV:

A) PERFIL LIPÍDICO COMPLETO

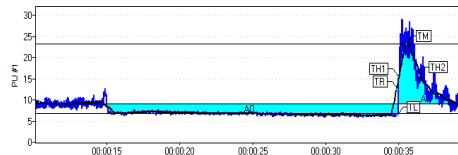
B) ATEROSCLEROSIS SUBCLÍNICA.

- Índice tobillo brazo (ITB)



C) DISFUNCIÓN ENDOTELIAL

- Flujimetría Láser Doppler
- Marcadores solubles en plasma

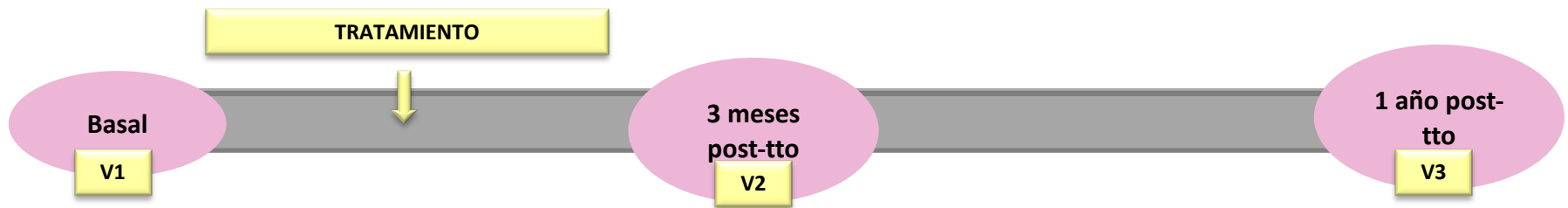


D) MARCADORES DE DAÑO ENDOTELIAL Y CELULAR

- ADN circulante
- Micropartículas apoptóticas



# DATOS ANTROPOMÉTRICOS. PRESIÓN ARTERIAL



	Basal	12 weeks (SVR)	1 year FU	p
<b>IMC (kg/m<sup>2</sup>)</b>	26,9±3,4	26,8±3,9	26,9±3,9	0,631
<b>TAS (mmHg)</b>	127,2±18,1	131,5±21,2	129,3±16,2	0,299
<b>TAD (mmHg)</b>	77,9±11,2	78,7±11,4	79,5±10,5	0,676
<b>TAM (mmHg)</b>	93,9±12,7	93,3±13,4	96,1±12,8	0,384
<b>P abd. (cms)</b>	94,7±11,1	94,3±11,1	93,4±11,2	0,134
<b>P cadera (cms)</b>	103,7±8,9	103,1±8,9	103±8.5	0,572

# PERFIL DE FUNCIÓN HEPÁTICA, METABÓLICO Y RIESGO CARDIOVASCULAR

	Basal	12 weeks (SVR)	1 Year FU	p
Platelets (10 <sup>9</sup> /L)	171.1±78.9* <sup>†</sup>	192.2±92.3*	192.9±75.9 <sup>†</sup>	<0.001
INR	1.05[0.9-1.1]*	1.02[0.9-1.1]	1[0.9-1.1]*	<0.001
Bilirubin (mg/dL)	0.76±0.4* <sup>†</sup>	0.62±0.3* <sup>‡</sup>	0.55±0.3 <sup>‡</sup>	<0.001
AST (U/L)	50.5[33-82.5] * <sup>†</sup>	21[18-26] *	21[18-26] <sup>†</sup>	<0.001
ALT(U/L)	60[37.5-99]* <sup>†</sup>	17[13.5-21]* <sup>†</sup>	17[13-23.5]* <sup>†</sup>	<0.001
GGT (U/L)	65[35-106.7]* <sup>†</sup>	20.5[14-29]* <sup>†</sup>	21[14-35.7]* <sup>†</sup>	<0.001
PCRus (mg/L)	0.5[0.3-1.07] <sup>†</sup>	0.7[0.3-1.37]	0.7[0.4-1.9] <sup>†</sup>	0.010
Uric Acid (mg/L)	5.4±1.3	5.4±1.5	5.6±1.7	0.446
Homocistein (µm/L)	14.4±4.2*	16.7±6.1* <sup>‡</sup>	15.3±4.8 <sup>‡</sup>	<0.001
Pro-BNP (pg/ml)	69[37.8-137.3]	64[27.9-132.9]	54.5[27.2-124.7]	0.202
Glucose (mg/dL)	96[88.5-110]	94[88-111]	94[86-106.5]	0.227
Insulin (µu/ml)	13.8[8.2-18.5]	11.6[8.5-18.1]	11.3[7.8-15.9]	0.123
HOMA index	3.9 <sup>†</sup> ±2.6	3.7±2.8	3.3±2.3 <sup>†</sup>	0.022
HbA1c (%)	5.7±1.2	5.7±0.9	5.6±0.7	0.342

# PERFIL ATEROGÉNICO

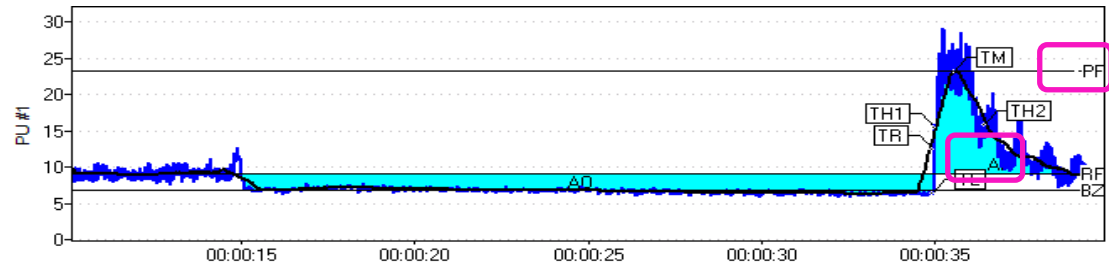
	Basal	12 weeks (SVR)	1 Year FU	p
→ CT (mg/dL)	165.9±37.6* <sup>†</sup>	185±40.6*	182.3±36.4 <sup>†</sup>	<0.001
cHDL (mg/dL)	56.9±26.4	52.5±17.5	52.3±17.4	0.082
→ cLDL (mg/dL)	96.6±34.7* <sup>†</sup>	117.8±38.3*	110.9±33.1 <sup>†</sup>	<0.001
→ TG (mg/dL)	99.2±51.5	95.2±44.4 <sup>‡</sup>	106.6±55.8 <sup>‡</sup>	0.038
ApoA(mg/dL)	148.4±30.4	148.2±30.1	148.4±32.1	0.997
→ ApoB (mg/dL)	89.9±27.5* <sup>†</sup>	99.8±31.3*	101.7±29.5 <sup>†</sup>	<0.001
→ Lp(a) (mg/dL)	3[1-13] * <sup>†</sup>	4[2-15.5] *	5[2-16] <sup>†</sup>	<0.001

- PATOLÓGICO <0,9
- NORMAL: 0,9-1,39

Hypertension. 2017;71:e13–e115

	BASAL	12 SEM (SVR)	1 AÑO	P
ITB PAT. <0,9 (n=35; 39%)	0,8 ±0,01	1,05±0,21	1,06±0,2	<0,001
ITB NORMAL (n=32; 36%)	1,12±0,13	1,04±0,18	1,04±0,1	0,072

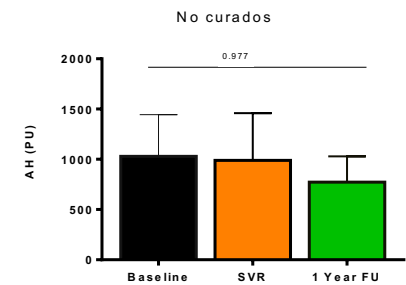
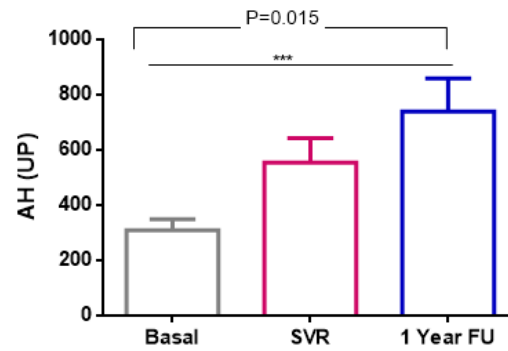
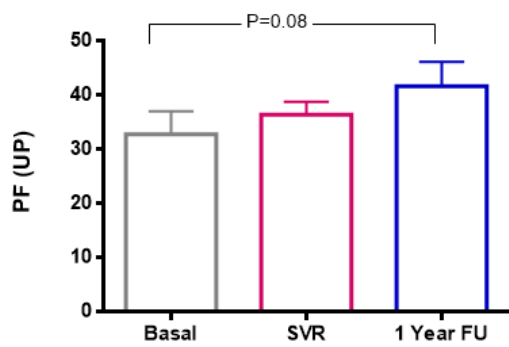
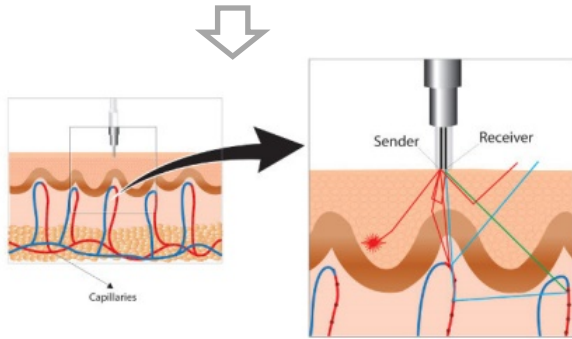
# S. C) Disfunción endotelial (Flujimetría láser doppler)



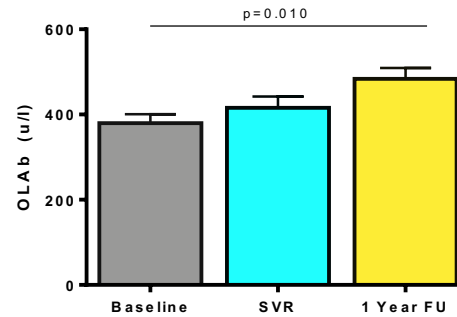
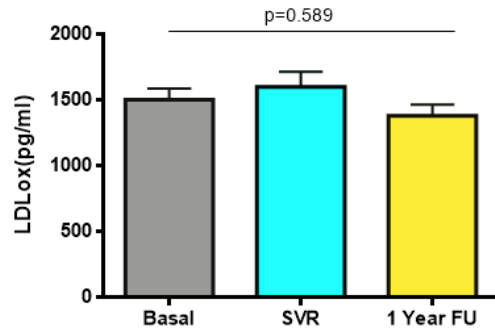
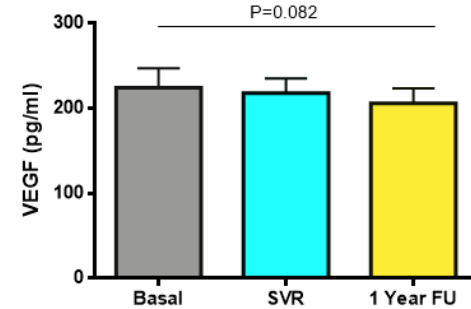
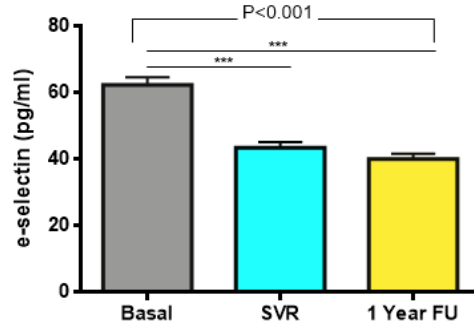
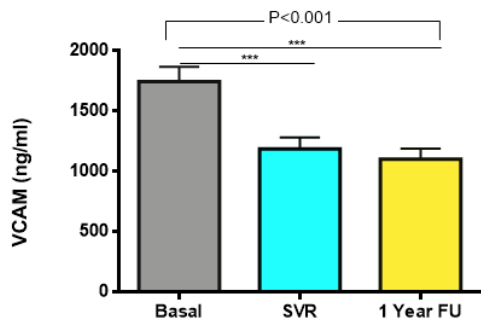
Stiefel P; Coron Artery Dis. 2012 Jan;23(1):57-61



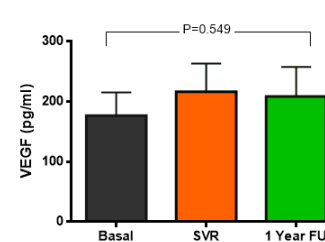
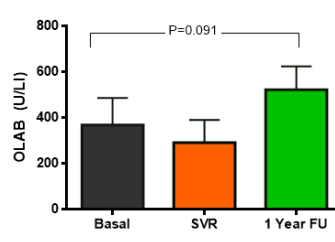
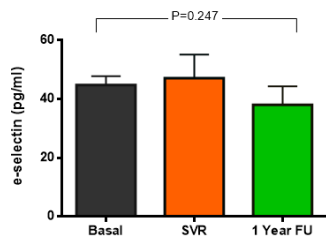
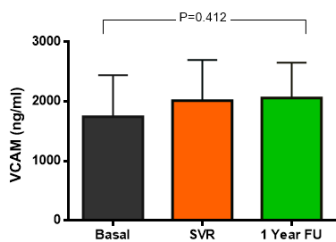
AH < 860 UP  
(54% Patológicos)



# C) Disfunción endotelial (Marcadores solubles)



Pacientes no curados



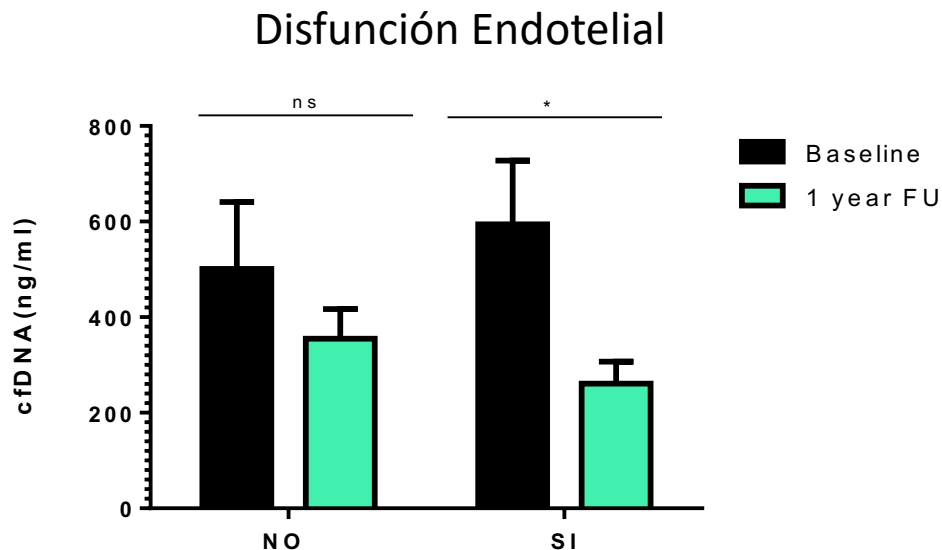


- ❑ **Los niveles de ADNc se asocian con inflamación sistémica.**

(Jylhava J, et al. Exp Gerontol 2012;47:372e8).

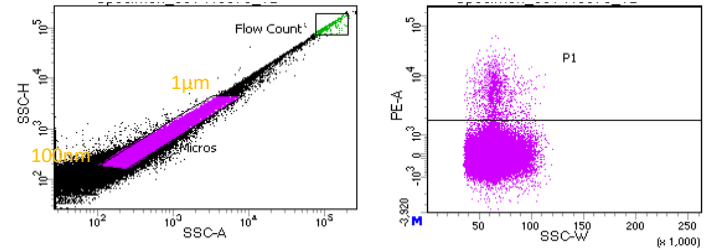
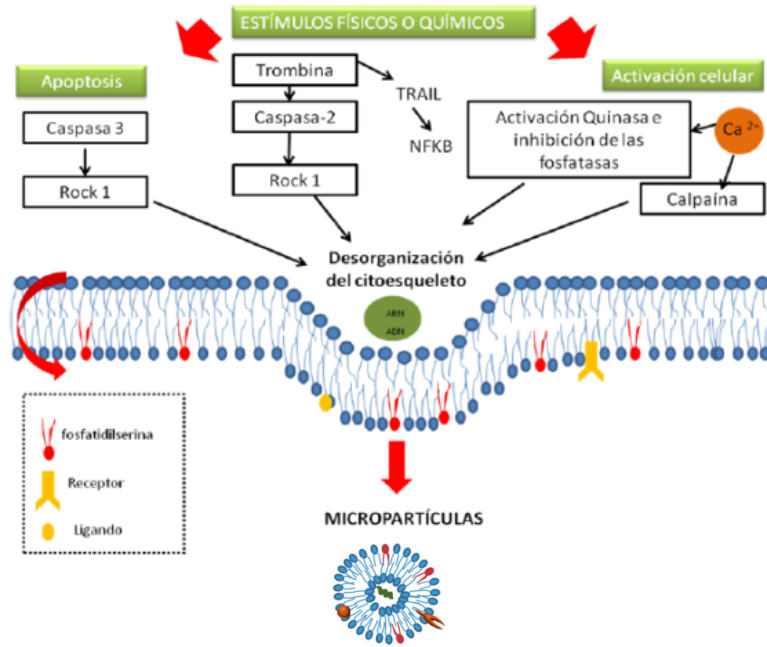
- ❑ **Marcador de enfermedades cardiovascular y predictor de mortalidad en el infarto de miocardio.**

(Butt AN, et al. Ann N Y Acad Sci 2013;1137:236e42).

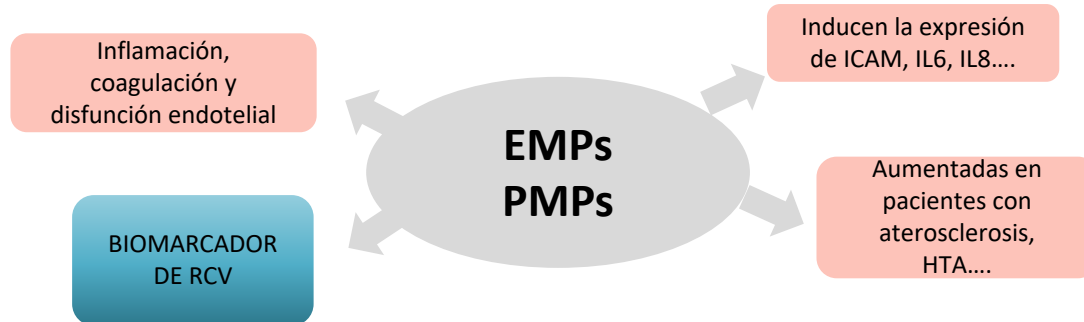


Existe una disminución de ADNc en aquellos pacientes que parten de disfunción endotelial

# D) Daño celular (Micropartículas apoptóticas)

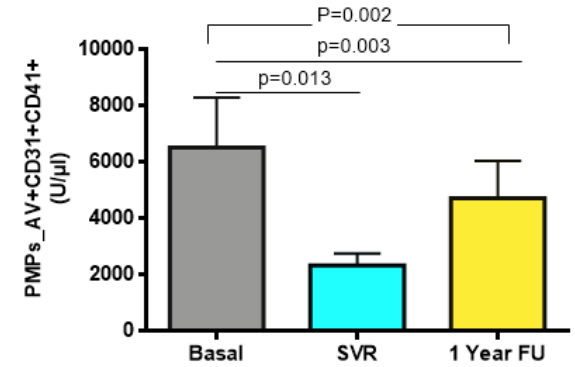
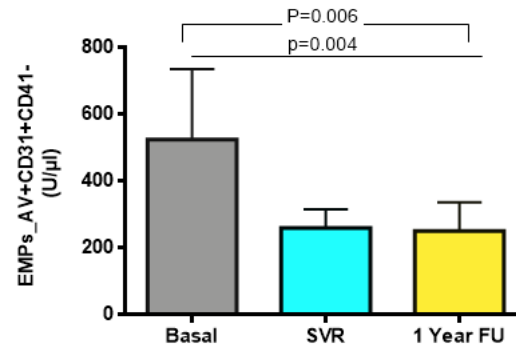
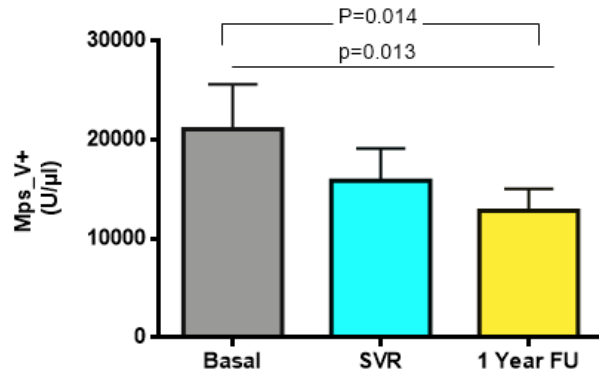


**MPs totales= AV+**  
**EMPs= AV+ CD31+CD41-**  
**PMPs= AV+ CD31+CD41+**

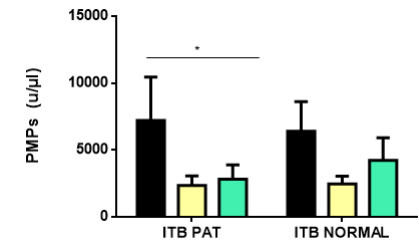
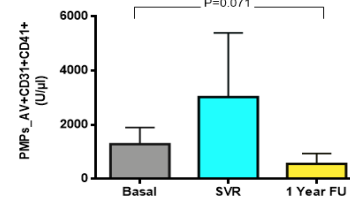
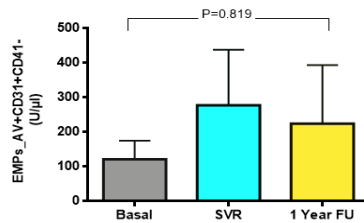
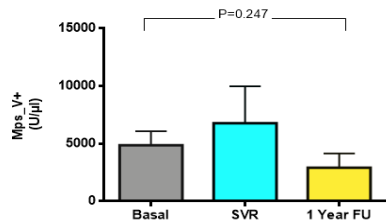


Rautou, et al., *Circ. Res.* 108 (2011) 335–343.  
 Amabile, S. et al., *Eur. Heart J.* 35 (2014) 2972–2979.  
 Loyer X et al., *Cir research* 114(2014) 345-353

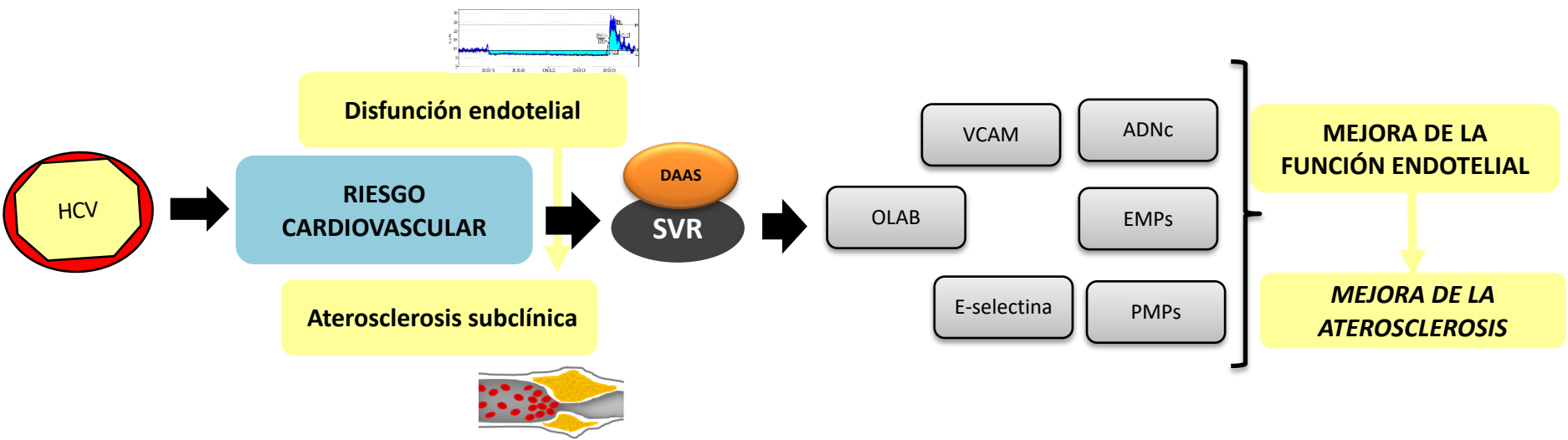
# D) Daño celular (Micropartículas apoptóticas)



## Pacientes no curados



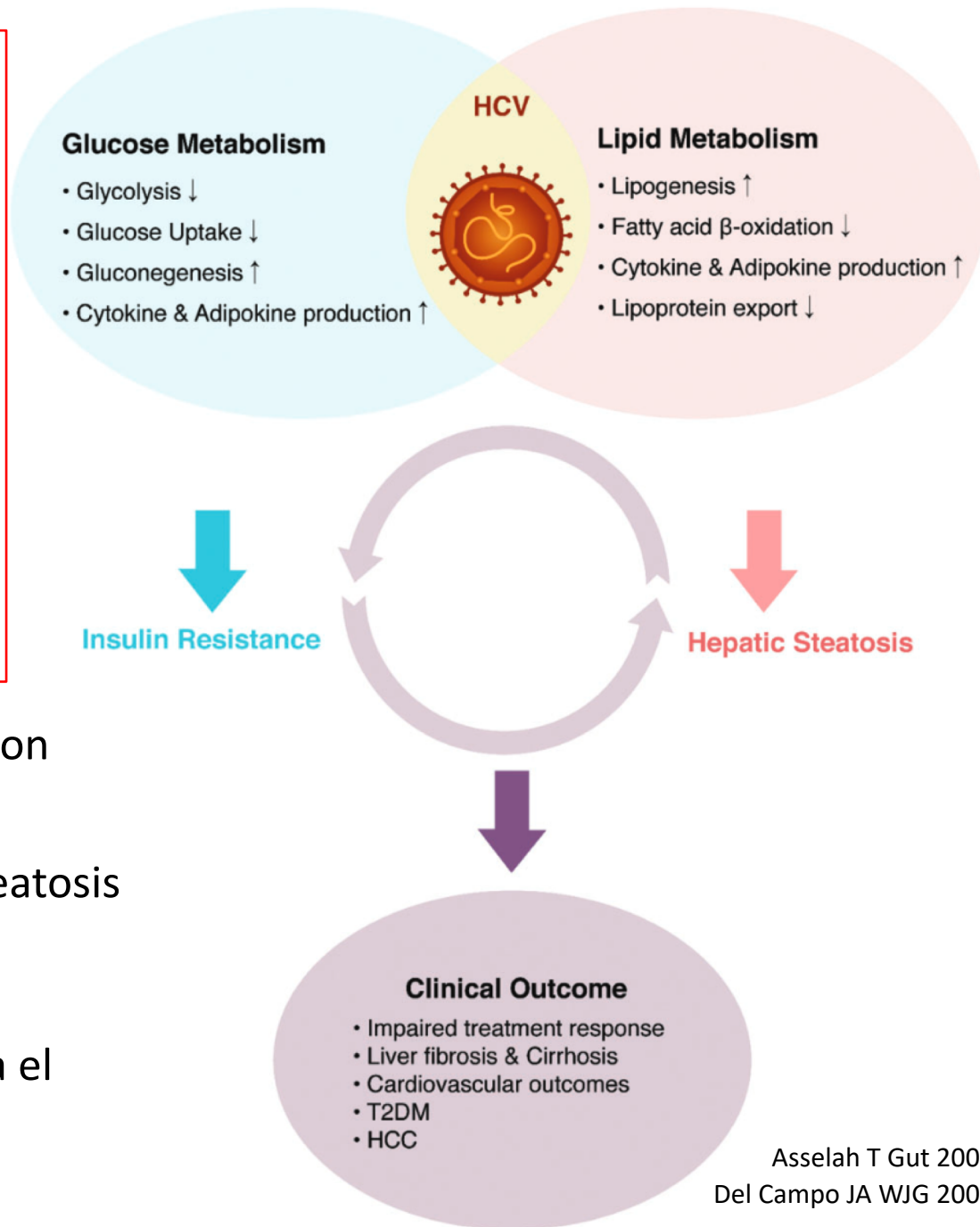
Mejoría mas evidente en aquellos con ITB patológico



La erradicación del virus de la Hepatitis C mejora el riesgo cardiovascular a través de una mejoría de la función endotelial y de la aterosclerosis.

## Tipos de esteatosis asociadas al Virus de la Hepatitis C

- **Metabólica:** asociada a Sd. Metabólico y resistencia a insulina (no genotipo 3).
- **Viral:** relacionado con carga viral e hipolipemia en pacientes infectados por genotipo 3.
- Peor respuesta a tratamientos con interferon
- Relación hiperinsulinemia y esteatosis
- Riesgo cardiovascular
- El tratamiento antiviral modifica el perfil lipídico del paciente.

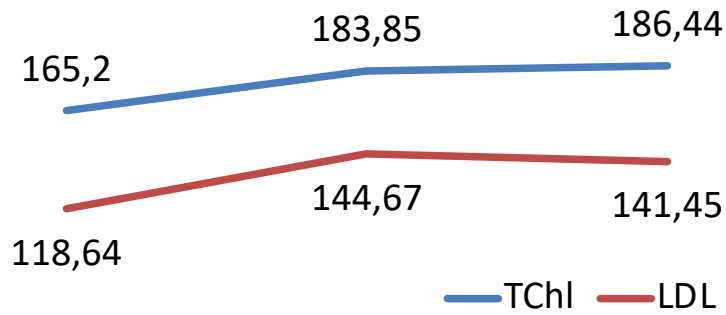
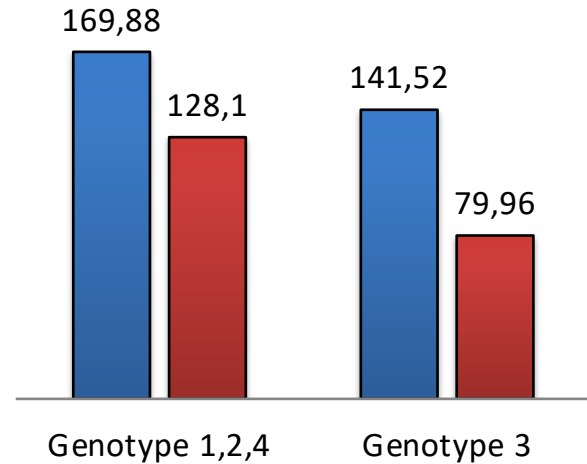


# Variation of the lipid profile of patients with hepatitis C after treatment with direct action antivirals. Statins modifying effect

Pedro Linares<sup>1</sup>, Francisco Jorquera<sup>1,3</sup>, Begoña Álvarez-Cuenllas<sup>1</sup>, Raisa Quiñones<sup>1</sup>, Esperanza Gutierrez<sup>2</sup>, Luzdivina Monteserín<sup>1</sup>, Luis Vaquero<sup>1</sup>, Maria Guerra<sup>2</sup>, Eva Fernandez-Moran<sup>4</sup>, David Fierro<sup>5</sup>.

### TCh and LDL by genotype

■ TCh ■ LDL



### Total Cholesterol and LDL

Basal Final SVR-12

# Diagnóstico de Esteatosis

## Biopsia Hepática

- Invasiva
- Errores de muestra
- Variabilidad inter-intraobservador
- Cara
- No exenta de riesgos y complicaciones

## CAP ("Controlled Attenuation Parameter")

- Método no invasivo que permite cuantificar la esteatosis a la vez que la rigidez hepática.
- Ventajas:
  - Inmediato, fácil, reproducible, barato, ...
  - Alternativa a otras técnicas invasivas o no disponibles
- Inconvenientes:
  - No aplicable a algunos pacientes
  - Valores de corte no claramente identificados
  - Puede depender de la etiología de la enfermedad

# Material y Métodos

## Tratamiento Antiviral

```
graph TD; A[Tratamiento Antiviral] --> B[Basal]; A --> C[Final]; A --> D[Sem 12]; A --> E[Sem 24]; B --- B1[IMC]; B --- B2[Análisis]; B --- B3[Carga viral, Gt]; B --- B4[Fibroscan-CAP]; C --- C1[Análisis]; C --- C2[Carga viral]; D --- D1[Análisis]; D --- D2[Carga viral]; E --- E1[IMC]; E --- E2[Análisis]; E --- E3[Carga viral]; E --- E4[Fibroscan-CAP];
```

**Basal**

IMC  
Análisis  
Carga viral, Gt  
Fibroscan-CAP

**Final**

Análisis  
Carga viral

**Sem 12**

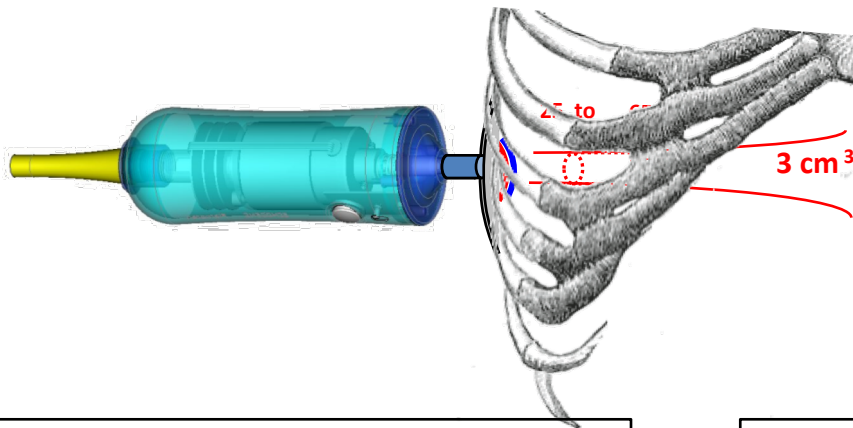
Análisis  
Carga viral

**Sem 24**

IMC  
Análisis  
Carga viral  
Fibroscan-CAP



- Modelo fibroScan® 502 Touch (sondas M, XL, Echosens, Paris, Francia)
- Adquisición en condiciones habituales, 2 horas de ayuno
- 12 medidas válidas



RHM expresada en KPa

IQR < 3%

IQR/med < 30

Tasa éxito > 60%

CAP expresado en dB/m

S1: < 248 dB/m

S2: 249-280 dB/m

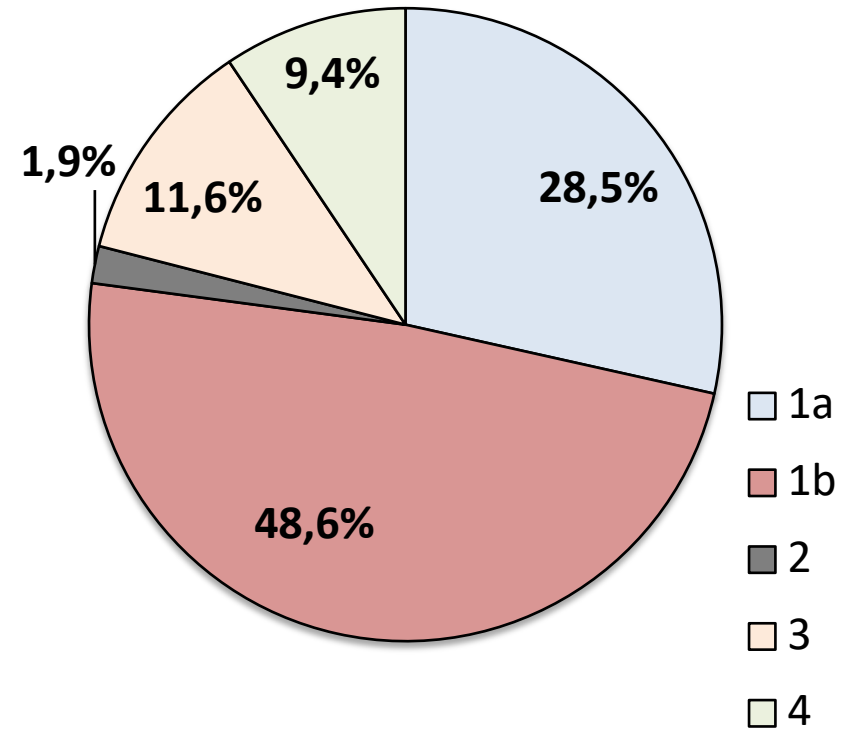
S3: > 280 dB/m

# Resultados

Número muestra	364
Sexo	60% hombres
Edad media (años)	57,67 ± 13,3

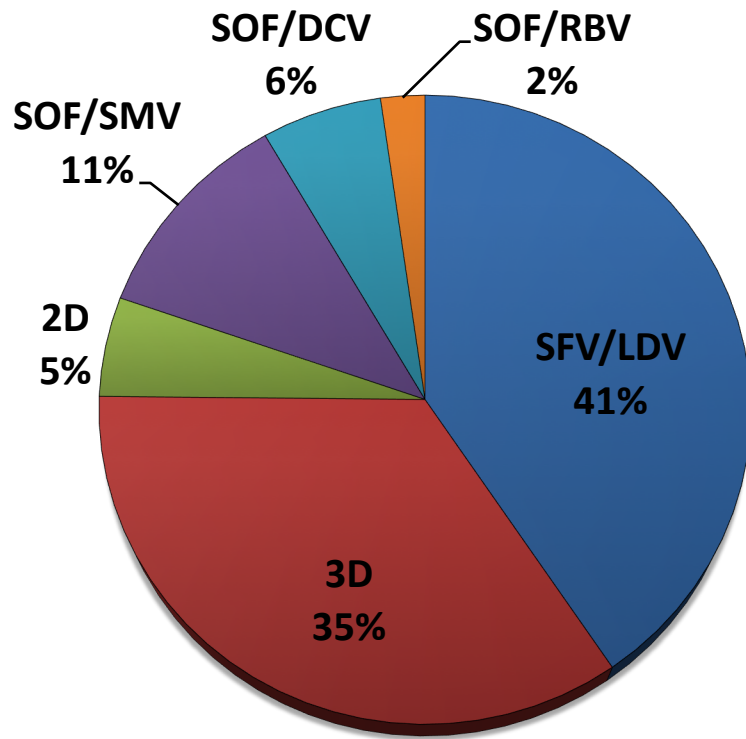
HTA	26%
DM	12,4%
Dislipemia	12,8%
Cirrosis	28,2%
Naive	53%

## Distribución por genotipos

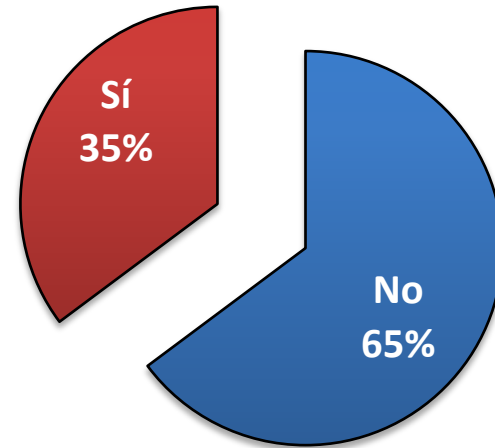


# Tratamientos empleados

## Tipo de AAD

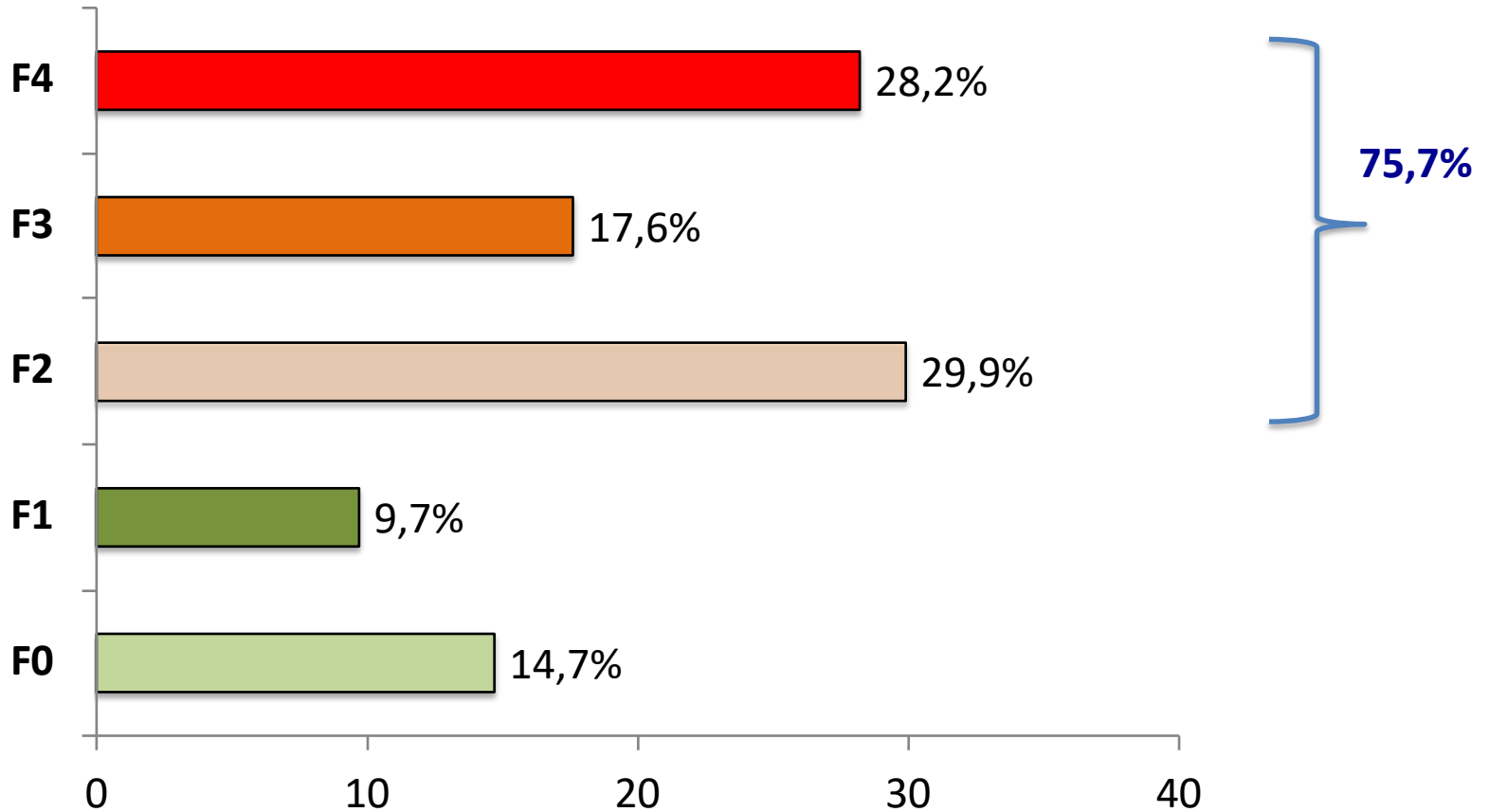


## Uso de Ribavirina



Duración del tratamiento	Porcentaje
8 semanas	7,2%
12 semanas	84,7%
24 semanas	7,1%

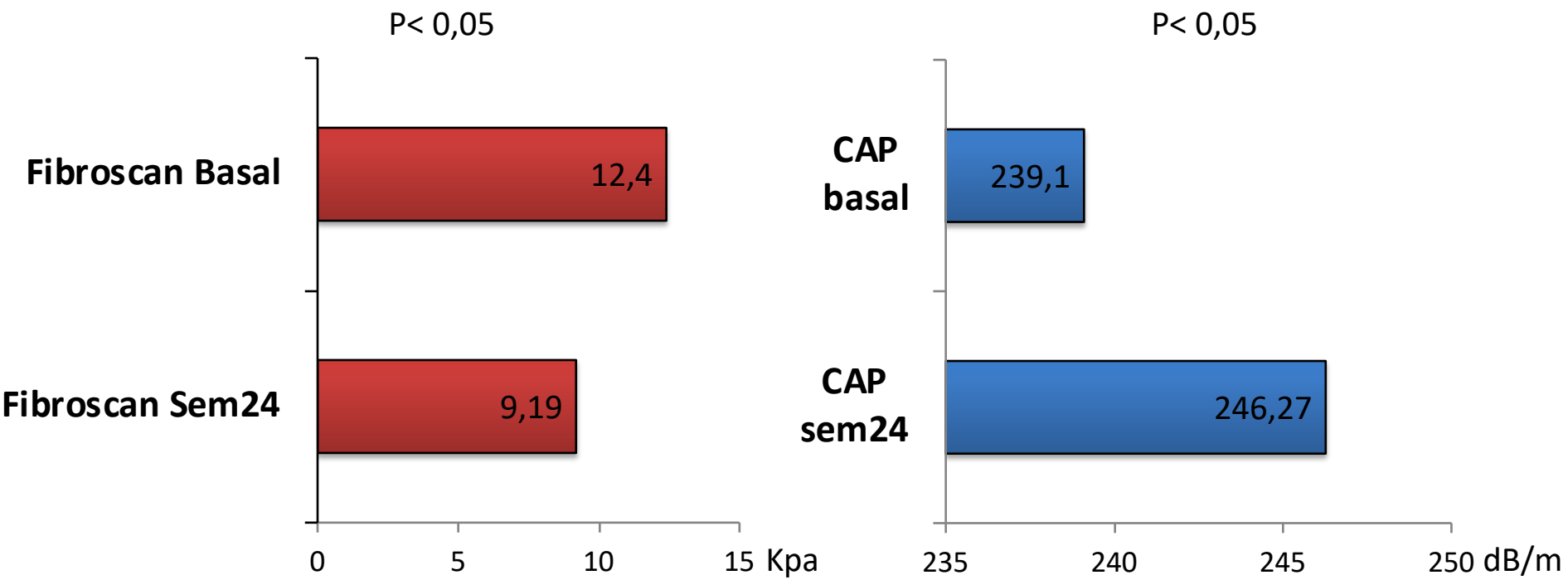
# Distribución por Fibrosis Basal



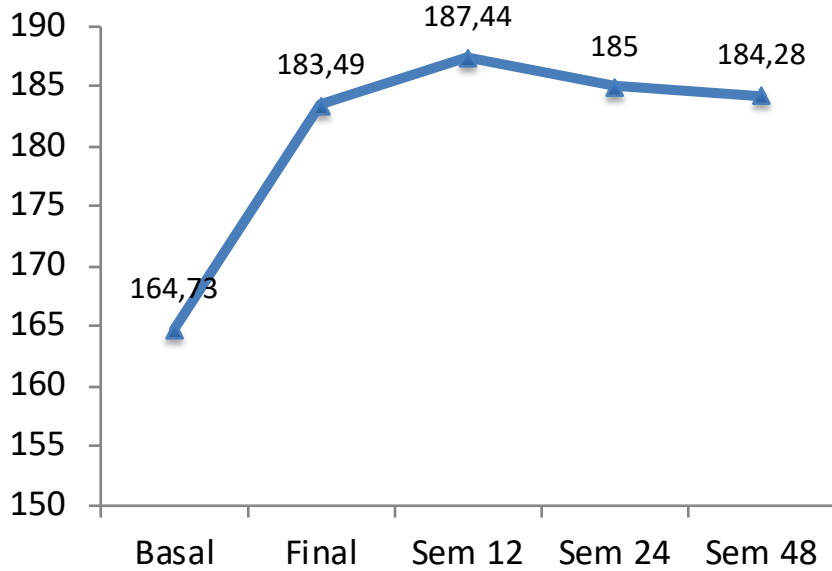
# Resultados

	Basal	Semana 24 Post-Tratamiento	Valor p
Peso (Kg)	73,06 ± 14,4	72,89 ± 14,2	n.s.
IMC medio	26,9 ± 4,3	26,22 ± 4,1	n.s.
Insulina	19,94 ± 27,8	14,71 ± 13,16	p < 0.05
HOMA	5,4 ± 7,2	3,67 ± 4,1	p < 0.05
Colesterol (mg/dL)	165,91	186,15 ± 37,5	p < 0.05
Triglicéridos (mg/dL)	101,97 ± 48	113,97 ± 71,9	p < 0.05
HDL	47,57 ± 15,98	53,85 ± 19,81	n.s.
LDL	122,56 ± 12,348	139,16 ± 51,7	P < 0.05
RHM (KPa)	12,41 ± 9,2	9,19 ± 6,6	P < 0.05
CAP (dB/m)	239,16 ± 50,08	246,27 ± 55,98	P < 0.05

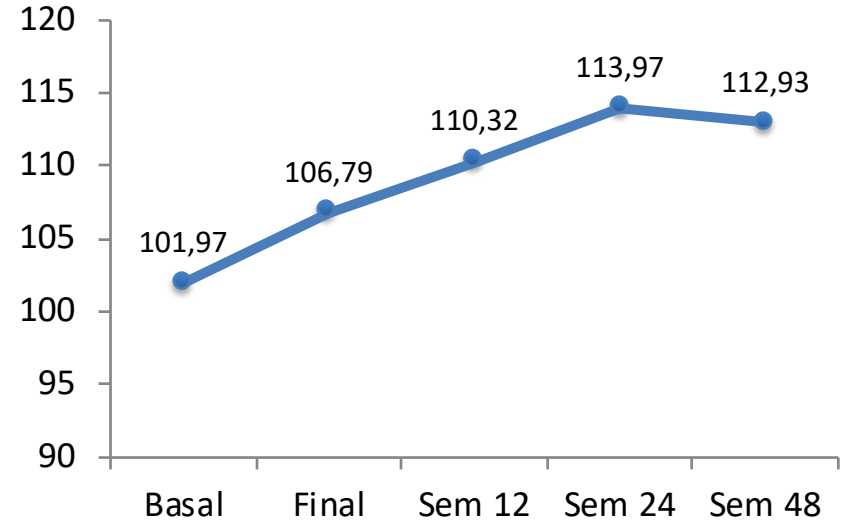
# FibroScan-CAP basal y sem 24



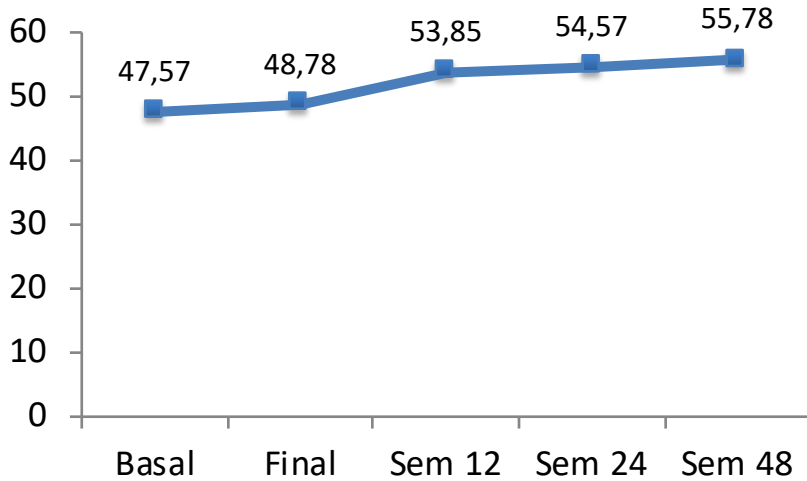
## Colesterol



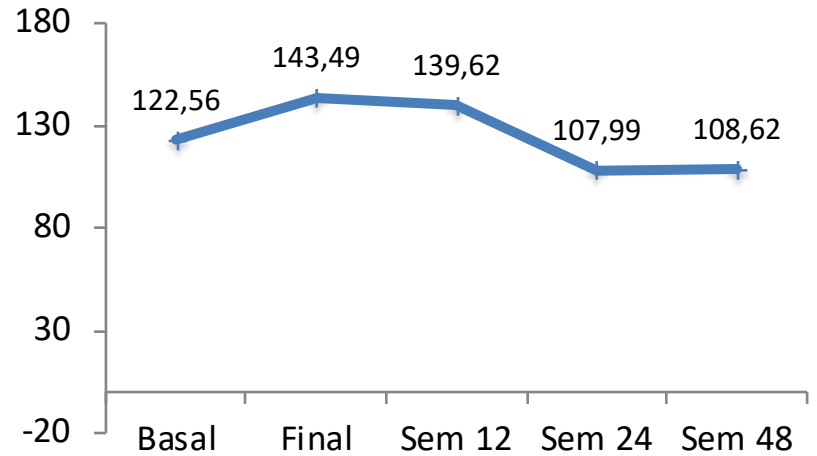
## TGL



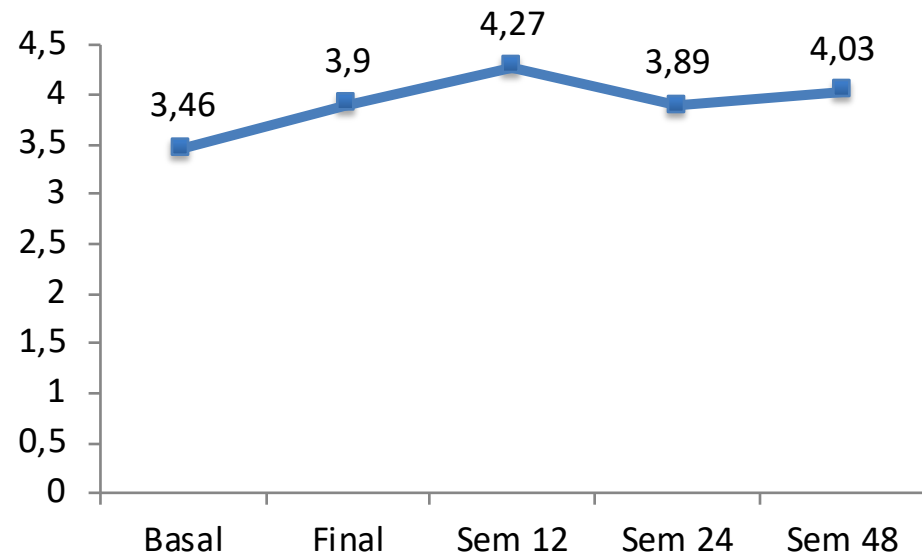
## HDL



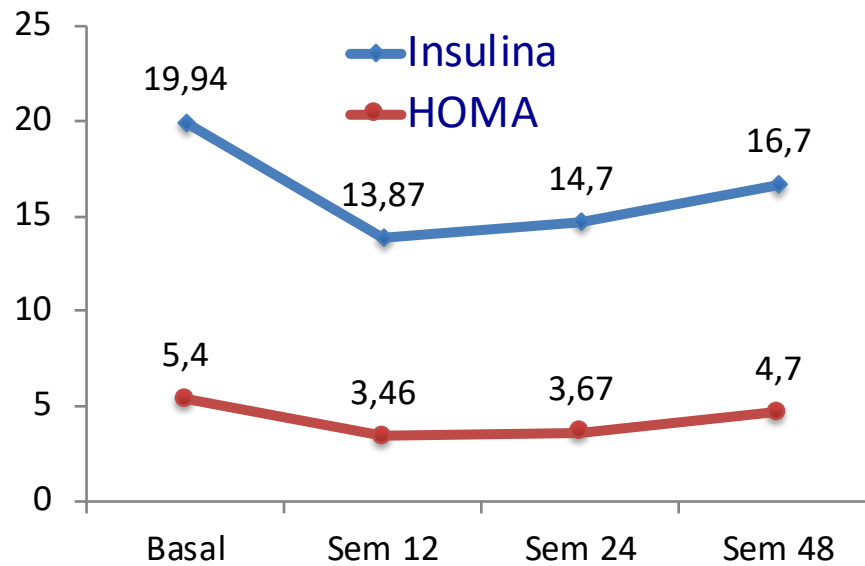
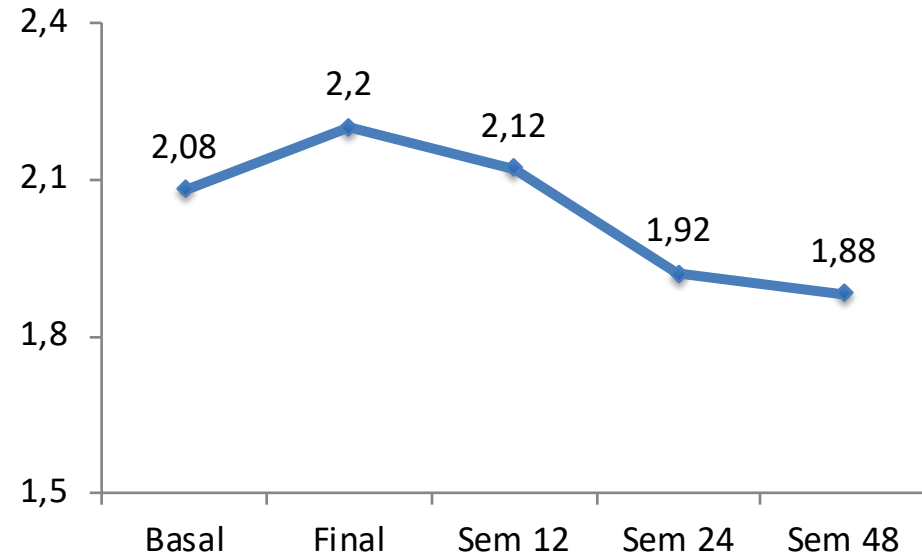
## LDL



### Indice Aterogénico (Col/HDL)



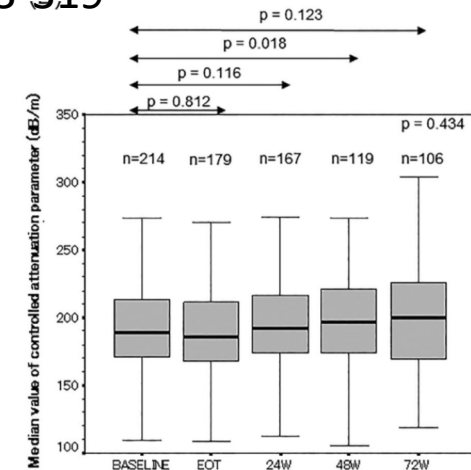
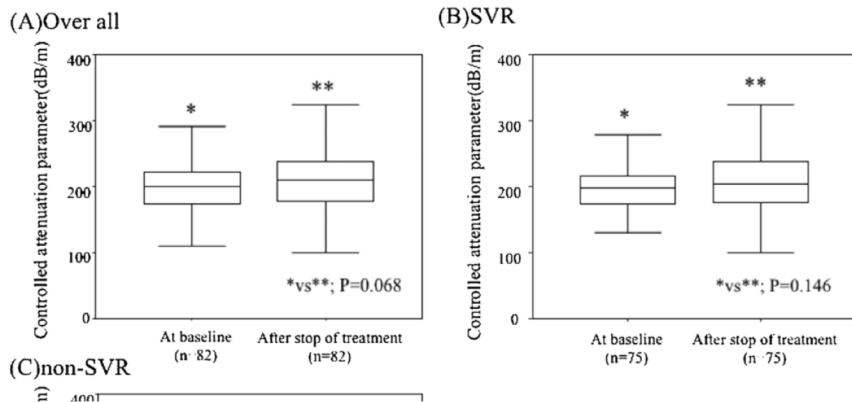
### Riesgo Coronario (LDL/HDL)





# Otros resultados similares

- ✓ Póster 125 (AEEH 2018): Aumento de los valores del CAP del fibroScan compatibles con esteatosis en pacientes con hepatitis crónica por el VHC a pesar de alcanzar la respuesta viral sostenida. T Broquetas et al. Hospital del Mar
- ✓ Predictors of treatment efficacy and liver stiffness changes following therapy with Sofosbuvir plus Ribavirin in patients infected with HCV genotype 2. Ohya K et al. J Med Virol 2018;1-7
- ✓ Serial changes in liver stiffness and controlled attenuation parameter following direct-acting antiviral therapy against hepatitis C virus genotype 1b. Ogasawara N et al. J Med Virol 2018; 90:313-319



Controlled attenuation parameter (CAP) following oral dual therapy with daclatasvir

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